

Nottingham City Health and Wellbeing Board
24 September 2024

Report Title:	Age Friendly Nottingham Annual Report – September 2023 – September 2024
Lead Board Member(s):	Councillor Pavlos Kotsonis – Executive Member for Adult Social Care & Health
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Other colleagues who have provided input:	David Johns – Deputy Director of Public Health Matt Corder – Public Health Principal (Health Improvement)
<p>Executive Summary:</p> <p>Age Friendly Nottingham (AFN) was established in 2012 and is a strategic partnership of citizens, organisations, academics and service providers working to build an age-friendly future and reduce the discrimination we face as we age. The work of Age Friendly Nottingham supports residents aged fifty plus.</p> <p>The Age Friendly Steering Group meets on a quarterly basis, with Councillor Pavlos Kotsonis, Executive Member for Adult Social Care & Health taking over chairing responsibilities from September 2024 and Councillor Linda Woodings, continuing to fulfil the role of Nottingham’s Older Citizens’ Champion. Age Friendly Nottingham works in collaboration with Centre for Ageing Better and celebrates key days of national information and action to improve the outcomes of older people across the city.</p> <p>The attached Age Friendly Nottingham annual report recaps on the last year of participation and achievements and forms part of the local 2024 International Day of Older People’s Day (IDOP) celebrations, which are held from 1st October each year. The annual report will be uploaded to the Age Friendly Nottingham webpage as a public facing document. The chosen font size of the annual report will enable an accessible age friendly reading text.</p> <p>In addition to the annual report, the Council House will be lit up purple on the 2nd October in recognition of the contributions those aged fifty plus make to their local communities. Whilst a Financial Resilience & Wellbeing Day will be held in November 2024, to assist older residents prepare for the winter period.</p>	
<p>Recommendation(s): The Board is asked to:</p> <ul style="list-style-type: none"> • Note the action and achievements of Age Friendly Nottingham between September 2023 and September 2024. • Consider how Health and Wellbeing members can support and contribute to Age Friendly Nottingham achieving its charter pledges and future priorities. 	

- To receive future reports from the Age Friendly Nottingham on an annual basis.

The Joint Health and Wellbeing Strategy

Aims and Priorities

How the recommendation(s) contribute to meeting the Aims and Priorities:

Aim 1: To increase healthy life expectancy in Nottingham through addressing the wider determinants of health and enabling people to make healthy decisions

Aim 2: To reduce health inequalities by having a proportionately greater focus where change is most needed

Priority 1: Smoking and Tobacco Control

Priority 2: Eating and Moving for Good Health

Priority 3: Severe Multiple Disadvantage

Priority 4: Financial Wellbeing

- The Age Friendly Nottingham Charter consists of eleven pledges to ensure those residents aged fifty plus remain active and independent and services offer dignity and choice.
- Having the support of Health & Wellbeing Board members to achieve charter pledges and future work priorities, opens up opportunities to collaborate and connect in new ways, for the benefit of the city's older population.
- Thriving Nottingham will provide six monthly reports to the Age Friendly Nottingham Steering Group, outlining how the Integrated Wellbeing Services are being accessed by those aged fifty plus.
- Age Friendly Nottingham works to connect individuals to services who can provide information and support.
- A Financial Resilience & Wellbeing Day is being planned for November 2024 and will be hosted in Nottingham's Central Library.

How mental health and wellbeing is being championed in line with the Board's aspiration to give equal value to mental and physical health:

Age Friendly Nottingham receives six monthly updates from the Nottingham & Nottinghamshire Talking Therapies Services, with a particular focus on services provided to older adults.

Age Friendly Nottingham leads on the city celebrations of Dementia Action Week, annually held in May.

Age Friendly Nottingham is represented on the Nottingham & Nottinghamshire Tackling Loneliness Collaborative.

List of background papers relied upon in writing this report (not including published documents or confidential or exempt information)	
Published documents referred to in this report	<ul style="list-style-type: none">• Women’s Health Strategy for England – 30 August 2022.• Centre for Ageing Better State of Ageing Report 2023.• Age Friendly Nottingham’s Older Citizens’ Charter 2023.